

Lunch Menu *Week One*



GREEN EARTH MONDAY

Meatball Marinara Sub Roll
Vegetable Chilli & with Spicy Rice
Garden Peas, Baked Beans, Garden Salad

TUESDAY

Chicken Korma Served with Mixed Rice
Mediterranean Vegetable Lasagne
Jacket Wedges, Sweetcorn, Green Beans, Baked Beans Garden Salad

WEDNESDAY

Roast of the Day served with Traditional Accompaniments
Cauliflower Cheese Bake
Roast Potatoes, Carrots, Broccoli, Baked Beans, Garden Salad

THURSDAY

Korean Sticky Chicken & Noodles
A Selection of Freshly Made Assorted Pizza Slices
Minted Peas, Mixed Vegetables, Baked Beans, Garden Salad

FRIDAY

Deep Fried Fish with Tartar Sauce
Spicy Butternut & Lentil Patty filled Pitta with Piri Piri Sauce
Chipped Potatoes, Mushy Peas, Baked Beans, Garden Salad

AVAILABLE DAILY

Dessert of the Day, Cakes, Biscuits, Fresh Fruit
Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches,
Rolls & Wraps, Fresh Salads

Lunch Menu *Week Two*



GREEN EARTH MONDAY

Oven Baked Vegetable Quesadillas
Mozzarella, Tomato & Roasted Vegetable Pasta Bake
Jacket Wedges, Broccoli, Sweetcorn, Garden Salad

TUESDAY

Home Made Turkey, Leek & Mushroom Pie
Loaded Mac & Cheese with Crispy Onions
New Potatoes, Carrots, Mixed Greens or Garden Salad

WEDNESDAY

Roast of the Day served with Traditional Accompaniments
Oven Baked Butternut, Chickpea & Lentil Loaf with Herb Gravy
Roast Potatoes, Cabbage, Sliced Carrots or Garden Salad

THURSDAY

Butchers Sausage with Caramelised Onion Gravy
Quorn Hot Dog
Cajun Wedges, Baked Beans, Cauliflower or Garden Salad

FRIDAY

Deep Fried Fish with Tartar Sauce
A Selection of Freshly Made Burritos
Chipped Potatoes, Mushy Peas, Baked Beans, Garden Salad

AVAILABLE DAILY

Dessert of the Day, Cakes, Biscuits, Fresh Fruit
Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches,
Rolls & Wraps, Fresh Salads

Lunch Menu *Week Three*



Green Earth Monday

Classic Pasta & Veggie Mince Bolognese

Vegetable Balti with Mixed Rice

Jacket Wedges, Garden Peas, Carrots or Garden Salad

TUESDAY

Lamb Shepherd's Pie topped with Colcannon Mash

Chinese Chip Shop Curry Vegetables Served with Mixed Rice

Green Beans, Cumin Roast Cauliflower or Garden Salad

WEDNESDAY

Roast of the Day Served with Traditional Accompaniments

Vegetable Wellington

Roast Potatoes, Broccoli, Fresh Carrots or Garden Salad

THURSDAY

Fresh Pulled Pork or Chicken Bap

Creamy Italian Pasta Primavera

Spicy Potatoes, Sweetcorn, Mixed Vegetables or Garden Salad

FRIDAY

Deep Fried Fish/Fish Fingers with Tartar Sauce

Homemade Onion Bhaji Burger with Chilli Sauce

Chipped Potatoes, Mushy Peas, Baked Beans, Garden Salad

AVAILABLE DAILY

Dessert of the Day, Cakes, Biscuits, Fresh Fruit

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches,
Rolls & Wraps, Fresh Salads