

# The Lift Up

THE HALF-TERMLY NEWSLETTER FOR YOUNG PEOPLE WITH AUTISM

**THIS WEEK:** Competition, Bonfire Toffee, Half-Term Activities



## Welcome to our Autumn Activities Newsletter.

We hope you've had a great return to school.

### Places to go...

#### Grafham Water:

Lots of water and land activities but also now: [Rumble Live Action Gaming](http://rumblelive.co.uk) ([rumblelive.co.uk](http://rumblelive.co.uk))



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#### Sacrewell Farm:

Chocolate Making, Pumpkin Picking and a spooky tour around the Mill.

#### Ferry Meadows:

Lots of activities, including scarecrow making, virtual mammal hunt and an outdoor trail.



#### HILL FARM PYO

Ready picked pumpkins available at **Hill Farm**. No PYO this year.



Trick or Treating will be a bit different this year so... try a pumpkin trail instead. Spot the pumpkins around where you live and then treat yourself to some of your own homemade bonfire toffee!



Not keen on spooky decorations? Try these instead...



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### Bonfire Toffee Recipe



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#### Ingredients

- 75g/3oz [golden syrup](#)
- 75g/3oz black [treacle](#)
- 150g/6oz light soft [brown sugar](#)
- 75g/3oz [butter](#)
- ¼ tsp [cream of tartar](#)

#### Method

- Line a baking tray (15x20cm).
- Put all the ingredients into a saucepan, heat on a medium heat while stirring. Continue until ingredients are combined.
- Turn up the temperature and boil rapidly for a minute.
- Pour into baking tray and allow to cool.
- Break into pieces with a toffee hammer or a rolling pin. Enjoy!

Recipe found at: [BBC good food](https://www.bbc.com/food/recipes/bonfire-toffee).

# BOREDOM BUSTERS!

## KEEP ACTIVE

Ahhh!  
Wrap up warm, go for an autumnal walk and then snuggle up at home with a warm drink.

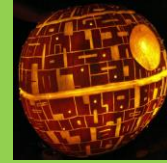


## ON THE WEB



Free online coding club for 7-17 year olds. Contact: [bretton.vivacity.uk@coderdojo.com](mailto:bretton.vivacity.uk@coderdojo.com)

## TO PASS THE TIME:



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Try a bit of pumpkin carving/painting.

No need for complicated designs or the traditional faces!



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# Cosy Corner

## Competition Time!

Can you do any better? We need to rename our newsletter and the best our team can come up with is 'The Lift Up'. Send your suggestions to:

[SENandInclusion@Peterborough.gov.uk](mailto:SENandInclusion@Peterborough.gov.uk)

**Winning entry renames the newsletter!**

## Autumn

A	M	B	E	R	E	A	K	A	I	O	B	D	L
N	M	U	T	U	A	B	T	O	A	D	F	R	N
S	R	E	K	N	O	C	T	E	R	O	A	A	P
T	C	N	E	E	W	O	L	L	A	H	L	H	U
K	B	R	O	W	N	I	S	E	A	F	L	C	M
S	C	A	R	E	C	R	O	W	S	I	I	R	P
R	E	A	P	P	L	E	S	P	M	R	N	O	K
E	R	Y	R	E	T	S	U	L	B	E	G	E	I
B	S	T	M	S	S	U	K	G	A	W	L	G	N
O	R	H	A	R	V	E	S	T	B	O	E	N	A
T	A	C	O	R	N	S	E	T	N	R	A	A	C
C	D	T	H	A	V	C	S	R	R	K	V	R	S
O	E	S	'	D	S	U	W	H	T	S	E	O	E
A	R	S	T	U	N	T	S	E	H	C	S	L	V

FALLING LEAVES  
TREES  
SCARECROWS  
APPLES  
ORCHARD  
OCT  
HALLOWEEN  
BLUSTERY  
PUMPKIN  
CONKERS  
CHESTNUTS  
RED  
CROWN  
AUTUMN  
FIREWORKS  
ACORNS  
ORANGE  
HARVEST  
AMBER

Play this puzzle online at : <https://thewordsearch.com/puzzle/1509979/>

## Your Say



Love your art? Amazing at music? Epic designs on computers? We want to feature your work!

We would love to hear from you about what you are doing.  
Get in touch at:

[SENandInclusion@Peterborough.gov.uk](mailto:SENandInclusion@Peterborough.gov.uk)

\*Please Note: We cannot publish any photos that contain images of people.

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## Top 5 Classic Halloween Movies as recommended by you...

- \* Hocus Pocus
- \* Edward Scissorhands
- \* Beetlejuice (12A)
- \* Gremlins (12A)
- \* Harry Potter (any of them!)