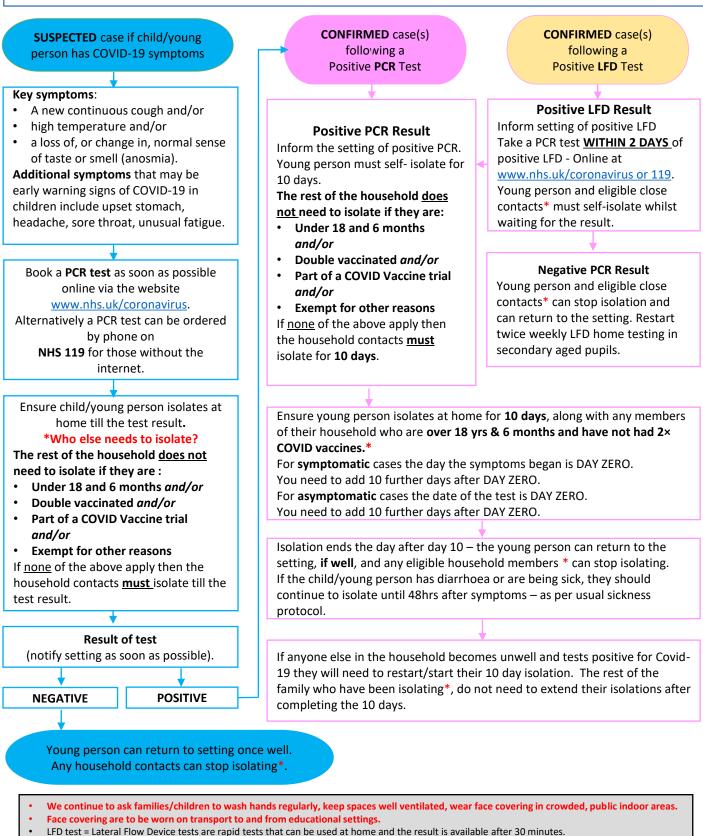
COVID-19 Guidance for Parents/Carers from 16th August 2021

For any SUSPECTED or CONFIRMED case of COVID-19 in a child/young person please follow the flow chart below



- PCR test = polymerase chain reaction test that can be booked online and is sent to a lab for the result.
- If you have recently (within 90 days) had a positive PCR test for COVID-19 you are exempt from testing by both PCR and LFD within 90 days of a
 positive PCR test result, unless you develop new symptoms.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms. If you have symptoms book a PCR test.
- LFD tests are safe to use in pregnancy. They should not be used in children under 12 years (unless in secondary school).
- If you have had a COVID-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.
- If you have been identified as a close contact * of a positive case, a negative LFD test does not mean you can stop isolating unless part of a workplace scheme.
- If you have had a recent nosebleed, or have a nose piercing use the other nostril to swab for the LFD test.