

Revision TIMETABLE (example, would need to be personalised to the student)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.00-5.00	English revision	Netball practice	English revision	Meet friends at the skate park	English revision
5.00-6.00	Dinner with family	Maths Revision	Talk to friends/listen to music	Maths's revision	Relax, watch a short video
6.00-7.00	Science revision	Have dinner with family	Geography revision	Have dinner with family	History revision
7.00-8.00	Recap, read flash cards	Recap maths revision, complete online	Have dinner with family	Recap revision using flash cards, online test	Have dinner with family
8.00-9.00	Read, listen to music, have a quiet half an hour relaxing	Have a shower/bath and relax	Read, listen to music, have a quiet half an hour relaxing	Have a shower/bath and relax	Read, listen to music, have a quiet half an hour relaxing
9.00-10.00					
10.00-11.00					

What might stop me from revising?

What can I do to help this?

Who can I talk to?

What out of school commitments do I already have

Drum practice 4.00-5.00pm every Thursday

Visit nan 3.30-5.00pm for dinner every Monday

Meet my friends at the park 5.00-6.30 every Friday



TIME	SATURDAY	SUNDAY
9.00-10.00	BREACKFAST AND LISTEN TO MUSIC	SLEEP – HAVE A LIE IN, OR DO SOMETHING FOR YOURSELF TO RELAX
10.00-11.00	MATHS REVISION	PLAY NETBALL
11.00-12.00	BREAK AND A WALK IN THE GARDEN OR OUTSIDE	COME HOME AND SETTLE, RELAX AND HAVE A DRINK/SNACK
12.00-1.00	ENGLISH REVISION	ENGLISH REVISION
1.00-2.00	TAKE A BREAK - TALK TO A FAMILY MEMBER, LISTEN TO MUSIC	LUNCH
2.00-3.00	SCIENCE REVISION	GEOERGRAPHY REVISION
3.00-4.00	TAKE A BREAK	LISTEN TO MUSIC, WATCH A FAVOURITE YOU TUBE EPISODE
4.00-5.00	USE FLASH CARDS TO RECAP ONE OF THE SUBJECTS REVISED EARLIER	SCIENCE REVISION
5.00-6.00	HAVE A BREAK, GO FOR A WALK, HELP MAKE SOME DINNER	RELAX WITH FAMILY AND FRIENDS
6.00-7.00	FAMILY TIME, RELAX TIME	RELAX WITH FAMILY AND FRIENDS
7.00-8.00	WATCH SOME TV	REVISE MATHS
8.00-9.00	HAVE A SHOWER GET READY FOR BED	HAVE A SHOWER GET READY FOR BED
9.00-10.00	READ SOME BOOKS, REVISION BOOKS OR BOOKS FOR FUN	READ SOME BOOKS, REVISION BOOKS OR BOOKS FOR FUN
10.00-11.00	GET READY FOR BED AND GO TO BED	GET READY FOR BED AND GO TO BED

