

Can you...?

Try some of these challenges over the summer term and the school holiday before starting at Ken Stimpson.

Put a ✓ mark once you have done it.

	Prepare your uniform for the next day (iron your shirt, clean your shoes, etc.)
	Get dressed in your uniform in under 5 minutes
	Remember a parent/carer mobile number by heart
	Tell the time to the nearest 5 minutes
	Set an alarm on a mobile phone or a clock
	Making your own packed lunch
	Plan a meal to cook for your family, buy the ingredients and prepare the meal (with help if you need it)
	Practice your IT skills (send an email, attach a document or a picture, create a presentation on your interest, etc.)
	Look at Ken Stimpson's website or your transitioning booklet and find out the names of key staff, eg. Headteacher, Head of Year, etc.
	Work through your transitioning booklet to find out all the useful information you might need in September
	Find out what time your school day starts and ends, when do you have your breaks. (use the transitioning booklet or the school website)
	Plan your journey to school: <ol style="list-style-type: none"> 1. By walk or by bike: Quickest and safest route. Time yourself doing it so you know what time you will have to leave home to get to school. 2. By bus: Find out what bus goes to Ken Stimpson and have a 'test ride' with your parent/carer or an older sibling. Time your journey to find out what time you need to catch the bus at a nearest stop to your house to get to school on time.
	Check what you already have and write a list of the equipment you need to get for September
	When you got your new school uniform and shoes, wear them a couple of times to get used to them
	A few days before September school start: set your alarm for the time you will need to wake up to help get into routine
	Prepare something for yourself (an objects, a photo, a fiddle toy, etc.) that you may use to make you feel calm and positive on your first day at Ken Stimpson.