

SECONDARY PERSONAL DEVELOPMENT EDUCATION: LONG-TERM OVERVIEW — Ken Stimpson Academy

	Autumn 1 Health & Wellbeing	Autumn 2 Religious Studies	Spring 1 Health and Wellbeing Relationships	Spring 2 Careers-Living in the Wider World	Summer 1 Religious Studies	Summer 2 Health and Wellbeing
Year 7	Transition and self-awareness Transition to secondary school. Making and maintaining healthy friendships.	Early Religious Beliefs Studying the beginnings of religion from animism, Shinto, Greeks, Romans and how religion changes over time.	Health and Building Relationships Influences on health, the importance of being healthy, managing my family and friendship relationships including online friendships.	Communication Skills Understanding, what is good communication. Recognising our strengths in communication. Developing our leadership and motivation skills. Exploring what a career actually is.	Abrahamic Faiths Investigate key ideas and themes within the three sacred texts of Judaism, Christianity, and Islam. Study important individuals of Abraham, Moses and Jesus to explore the impact on the development of these religions.	Health and Puberty Puberty, emotional changes that occur, changing relationships, staying safe online, Basic First Aid
Year 8	Autumn 1 Religious Studies	Autumn 2 Health and Wellbeing	Spring 1 Careers-Living in the wider world	Spring 2 Religious Studies	Summer 1 Health and Wellbeing Relationships	Summer 2 Health and Wellbeing
Year 8	Islam-Case Study Investigation of Islam including how it began, how it spread around the world and some of the key beliefs and practices of the faith. Explores local links to our area also.	Healthy Body and Mind Thinking about what makes a healthy diet, importance of a healthy diet, impact of a poor diet, emotional wellbeing and strategies to improve it, the importance of sleep	Workplace Skills and Qualities for GCSE's Learning strengths, career options, goal setting as part of the GCSE process, workplace changes, impact for future careers,	Hindu Dharma Investigation of Hindu Dharma including how it began, key beliefs and how it influences issues in contemporary society.	Drugs and Peer Influence Caffeine, vaping, alcohol, strategies to manage peer pressures and risk	Keeping Safe including Digital Safety Basic First Aid, Online Safety including your personal information, digital scams, dangers and how to ensure safety online.

Year 9	Autumn 1 Health and Wellbeing Relationships	Autumn 2 Religious Studies	Spring 1 Health and Wellbeing Relationships	Spring 2 Careers-Living in the Wider World	Summer 1 Religious Studies	Summer 2 Health and Wellbeing Relationships
Year 9	Mental and Physical Health. Body image, unhealthy and healthy coping strategies, challenging negative thinking.	Ethics Investigation of ethics and why they are important, relative and absolute morality, ethics of AI, utilitarianism, banality of evil, Milgram experiment	Peer influence, substance use and gangs Drugs effects, legal consequences of involvement in drugs, drug effects, managing influences, substance misuse, and goal exploitation	Setting goals Career options, setting goals, success, challenge and rewards of different career roles, different types and patterns of work, growth mindset,	Philosophy Investigation of philosophical issues, the influence of religion in the world today, an examination of what is real using ideas of Plato and Socrates	Intimate relationships Relationships and sex education including consent, the risks of viewing sexual content online, the risks of STIs, and contraception
Year 10	Autumn 1 Careers-Living in the Real World	Autumn 2 Health and Wellbeing Relationships	Spring 1 Religious Studies	Spring 2 Health and Wellbeing Relationships	Summer 1 Health and Wellbeing Relationships Religious Studies	Summer 2 Health and Wellbeing Relationships
Year 10	Employability Pathways available at 16 and beyond, the changing world of work, career choices, online presence impact on employability, applying for job, interview skills, rights and responsibilities, managing your money	Communication in Relationships Signs of healthy and unhealthy relationships, relationship challenges, signs of abuse including coercive control, risks of sharing sexual images	Ethical Issues Exploration of how valuable life is, impact of censorship, parenthood, survival and censorship	Addressing Extremism and Radicalisation Addressing extremism and radicalisation, communities, belonging and challenging extremism, how to recognise and respond to extremism	Relationships and Family Christian Values Different families and parental responsibilities, mental ill health, managing change including bereavement, money values, the importance of resilience	Intimate relationships Relationships and sex education including consent, the risks of viewing sexual content online, the risks of STIs, and contraception

Year 11	<p align="center">Autumn 1</p> <p>Careers-Living in the Real World</p>	<p align="center">Autumn 2</p> <p>Health and Wellbeing Relationships</p>	<p align="center">Spring 1</p> <p>Careers-Living in the Real World</p>	<p align="center">Spring 1</p> <p>Health and Wellbeing Relationships</p>	<p align="center">Summer 1</p> <p>Revision</p>	
Year 11	<p>Post 16 Next steps Application processes, and skills for further education, employment and career progression</p>	<p>Independence Independence Responsible health choices, and safety in independent contexts,</p>	<p>Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p>Building for the future Self-efficacy, stress management, revision techniques,</p>		