

ALLERGEN MATRICES



This document includes the allergen information for our Autumn 2026 secondary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on -

08/03

All meals for pupils with allergies must be pre-ordered at least one week in advance.



IFG

KEY

✓ = contains

M = may contain

Blank = does not contain

Menu FIR Intolerance Report

Secondary Breakfast Oct 26

Dish Name

Cereals containing Gluten :						Tree Nuts :																		
Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites

Cereal

Cereal - Cornflakes 1000450 (Yield 1ptn/s)	✓				✓						✓													
Cereal - Rice Crispies 1000449 (Yield 1ptn/s)	✓				✓						✓													
Milk for Cereal 1000451 (S) (Yield 1ptn/s)											✓													

Muffin

Halal Sausage Cheese & Hash Brown Muffin 2892 (Yield 10ptn/s)	✓	✓								✓	✓												M	✓
Sausage Cheese & Hash Brown Muffin 7874 (Yield 10ptn/s)	✓	✓								✓	✓												M	✓
Spinach & Hash Brown Egg Bite 7861 (Yield 24ptn/s)									✓		✓													

Porridge

Free Porridge 1004244 (Yield 12ptn/s)	✓	M			M	✓					✓													
Plain Porridge 7876 (Yield 12ptn/s)	✓	M			M	✓					✓													
Topping - Cinnamon Sugar 1000349 (Yield 10ptn/s)																								
Topping - Dried Fruit 1000348 (Yield 10ptn/s)																							✓	
Topping - Easiyo Mixed Berry 1000352 (Yield 10ptn/s)																								
Topping - Easiyo Strawberry 1000351 (Yield 10ptn/s)																								
Topping - Golden Syrup 1000353 (Yield 10ptn/s)																								
Topping - Honey 1000350 (Yield 10ptn/s)																								
Topping - Pumpkin Seeds 1000355 (Yield 10ptn/s)																								
Topping - Sunflower Seeds 1000354 (Yield 10ptn/s)																								

Pot

Secondary Breakfast Oct 26

[illegible]

Secondary Breakfast Oct 26

Dish Name	Cereals containing Gluten : Wheat Spelt (Wheat) Kamut (Wheat) Rye Barley Oats Fish Crustaceans Molluscs Eggs Soybeans Milk Tree Nuts : Almonds Hazelnut Walnut Cashew nut Pecan nut Brazil nut Pistachio nut Macadamia nut or Queensland nut Peanuts Celery Mustard Sesame Sulphur dioxide/sulphites Lupin																			
Toast Malted Bloomer 1000304 (Yield 1ptn/s)	✓	✓				✓							✓							
Toast White 7878 (Yield 1ptn/s)	✓	✓				M							✓							
Toasted Buttered Bagel 7879 (Yield 10ptn/s)	✓	✓			✓	✓													M	
Waffle Plain 7881 (Yield 10ptn/s)	✓	✓									✓		✓	✓						

Single

[illegible]

Wraps

[illegible]

Bakery

Breakfast Pancake Maple Syrup 1011785 (Yields 10 ptn/s)																				
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Secondary Breakfast Oct 26

[illegible]