

ALLERGEN MATRICES



This document includes the allergen information for our Autumn 2026 secondary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on -

08/03

All meals for pupils with allergies must be pre-ordered at least one week in advance.



IFG

KEY

✓ = contains

M = may contain

Blank = does not contain

Menu FIR Intolerance Report

Secondary Menu (All Variations) Oct 26

Dish Name	

WK1 Monday

Asian Vegetable, Soya & Bean Noodle Stir Fry 5087 (Yield 30ptn/s)	✓	✓									✓																✓	
Beef Chilli Con Carne, nacho crumbs, mixed rice and sweetcorn 4992 (Yield 70ptr																												
Halal Beef Chilli Con Carne, nacho crumbs, mixed rice and sweetcorn 1028735 (Y																												
Halal Smokey Lamb Chilli Rice Nachos and Corn 5048 (Yield 70ptn/s)																												
Mixed Bean Chilli nacho crumbs, mixed rice & sweetcorn 5007 (Yield 35ptn/s)											✓																	
Vanilla Sponge & Custard 1029343 (Yield 63ptn/s)	✓	✓								✓	M	✓																

WK1 Tuesday

Asian Vegetable, Soya & Bean Noodle Stir Fry 5087 (Yield 30ptn/s)	✓	✓									✓																✓	
Chocolate and Orange Brownie 1027368 (Yield 21ptn/s)	✓	✓								✓		✓																
Halal Sticky Bang Bang Chicken with rice and garlic green beans 1018063 (Yield 4	✓	✓									✓																	
Sticky Bang Bang Chicken with rice and garlic green beans 1016309 (Yield 50 ptn	✓	✓									✓																	
Sticky plant based Bang Bang pieces with rice and garlic green beans 1016665 (Y	✓	✓									✓																	

WK1 Wednesday

Biscoff Swirl Sponge 1029355 (Yield 63ptn/s)	✓	✓								✓	✓	✓																
Glazed Gammon with Crisp Roasties Seasonal Veg & Roast House gravy 100175	✓	✓								✓		✓																
Halal Lemon & Thyme Roast Chicken 1001906 (Yield 50ptn/s)	✓	✓								✓		✓															✓	
Lemon & Thyme Roast Chicken Crisp Roasties Seasonal Veg Roast House Gravy	✓	✓								✓		✓															✓	
Vegetable Squashage Roll with Roast House Gravy 1016053 (Yield 12ptn/s)	✓	✓								✓		✓																

WK1 Thursday

Secondary Menu (All Variations) Oct 26

Dish Name
Cereals containing Gluten :
Wheat
Spelt (Wheat)
Kamut (Wheat)
Rye
Barley
Oats
Fish
Crustaceans
Molluscs
Eggs
Soybeans
Milk
Tree Nuts :
Almonds
Hazelnut
Walnut
Cashew nut
Pecan nut
Brazil nut
Pistachio nut
Macadamia nut or Queensland nut
Peanuts
Celery
Mustard
Sesame
Sulphur dioxide/sulphites
Lupin

WK2 Tuesday

[illegible]

WK2 Wednesday

[illegible]

WK2 Thursday

[illegible]

WK2 Friday

[illegible]

Secondary Menu (All Variations) Oct 26

[illegible]

