

ALLERGEN MATRICES



This document includes the allergen information for our Autumn 2026 secondary lunch menu. Due to local variations on menus, there may be dishes in this report that are not available. Please refer to the school's lunch menu for available dishes.

We rely on information provided by our suppliers and manufacturers which is updated in our systems daily. The information within this document was accurate at the time of printing on -

08/03

All meals for pupils with allergies must be pre-ordered at least one week in advance.



IFG

KEY

✓ = contains

M = may contain

Blank = does not contain

Menu FIR Intolerance Report

Hot Deli Oct 26

[illegible]

WK1 Wednesday

[illegible]

Hot Deli Oct 26

Dish Name

Dish Name	<u>Cereals containing Gluten :</u>							Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	<u>Tree Nuts :</u>											Sulphur dioxide/sulphites	
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats								Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Lupin
Pepperoni Pizza 1024587 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓	✓												
Pepperoni Pizza Homemade 1024589 (Yield 8ptn/s)	✓	✓										✓	✓													
Piri Piri Chicken Pizza Slice 1000080 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓													
Roasted Butternut, Sweetcorn & Chipotle Pasta 1017619 (Yield 20pts)	✓	✓										M												M		
Southern Fried Chicken Burger Lettuce & Mayo 7627 (Yield 20ptn/s)	✓	✓	✓	✓							✓	M	M										M	M	M	M
Tuscan Bean Soup 1000002 (Yield 30ptn/s)																										

WK1 Thursday

BBQ Chicken Wings 7461 (Yield 15ptn/s)	✓	✓				✓					✓											✓				
BBQ Chicken Wings, Rice and Lime & Coriander Slaw 1021729 (Yield 15ptn/s)	✓	✓				✓					✓											✓				
Cheese Straws - Power Bites 1016625 (Yield 12ptn/s)	✓	✓								✓		✓														
Chicken Tikka & Mayo Panini 1031303 (Yield 30ptn/s)	✓	✓				M				✓														M		
Halal BBQ Chicken Wings 7469 (Yield 15ptn/s)	✓	✓				✓					✓											✓				
Halal BBQ Chicken Wings, Rice and Lime & Coriander Slaw 1021732 (Yield 15ptr)	✓	✓				✓					✓											✓				
Halal Chicken Tikka & Mayo Panini 1031311 (Yield 30ptn/s)	✓	✓				M				✓														M		
Halal Sweet Chilli Chicken Open Wrap 1000019 (Yield 10ptn/s)	✓	✓																								
Half Chicken Tikka & Mayo Panini 1031317 (Yield 60ptn/s)	✓	✓				M				✓														M		
Half Halal Chicken Tikka & Mayo Panini 1031320 (Yield 60ptn/s)	✓	✓				M				✓														M		
Maple and Chilli Cauliflower Wings with Cajun Wedges 1016906 (Yield 10ptn/s)	✓	✓									✓															
New Leek & Potato Soup 1000001 (Yield 15ptn/s)																										
Spicy Vegetable Noodles - Power Bites 1021736 (Yield 10ptn/s)	✓	✓									✓															
Sweet Chilli Chicken Open Wrap 1000017 (Yield 10ptn/s)	✓	✓																								

WK1 Friday

Hot Deli Oct 26

Dish Name

Dish Name	Cereals containing Gluten :										Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts :										Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds	Hazelnut	Walnut	Cashew nut							Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut												
8oz Tomato & Basil Pasta - Power Bites 7532 (Yield 30ptn/s)	✓	✓										M												M								
Chicken Tikka Burrito 1000058 (Yield 10ptn/s)	✓	✓																														
Garlic & Chilli Noodles 1000079 (Yield 10ptn/s)	✓	✓										✓																				
Halal Chicken Tikka Burrito 1000071 (Yield 10ptn/s)	✓	✓																														
Half Pizza Melt Panini 7707 (Yield 60ptn/s)	✓	✓				M							✓	✓											M							
Margherita Pizza 7572 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓	✓																		
Margherita Pizza Homemade 7757 (Yield 8ptn/s)	✓	✓										✓	✓	✓																		
New Leek & Potato Soup 1000001 (Yield 15ptn/s)																																
Pizza Melt Panini 7027 (Yield 30ptn/s)	✓	✓				M							✓	✓											M							
Quorn Tikka Burrito 1000074 (Yield 10ptn/s)	✓	✓			✓						✓																					
Southern Fried Ranch Quorn Open Wrap 1016823 (Yield 10ptn/s)	✓	✓																						✓		✓						

WK2 Monday

BBQ Chicken Pizza 7556 (Yield 6ptn/s)	✓	✓	M	M	M	✓	M								✓	✓											✓				
BBQ Chicken Pizza Homemade 7548 (Yield 8ptn/s)	✓	✓				✓									✓	✓	✓										✓				
BBQ Crispy Chicken Open Wrap 1000013 (Yield 10ptn/s)	✓	✓	✓	✓		✓							✓		✓	M											✓	M		M	
Cajun Vegetable Quesadilla 1016849 (Yield 20ptn/s)	✓	✓															✓														
Cheese Panini 7018 (Yield 30ptn/s)	✓	✓				M										✓	✓												M		
Chicken and Wedges Pot 8121 (Yield 10ptn/s)	✓	✓	✓	✓										M	M	M											M	M		M	
Garlic & Chilli Noodles 1000079 (Yield 10ptn/s)	✓	✓													✓																
Halal BBQ Chicken Pizza 7563 (Yield 6ptn/s)	✓	✓	M	M	M	✓	M								✓	✓	✓										✓				
Halal BBQ Chicken Pizza Homemade 7553 (Yield 8ptn/s)	✓	✓				✓									✓	✓	✓										✓				
Halal BBQ Crispy Chicken Open Wrap 1000014 (Yield 10ptn/s)	✓	✓	✓	✓		✓								✓	✓	M											✓	M		M	
Halal Chicken and Wedges Pot 8122 (Yield 10ptn/s)	✓	✓	✓	✓										M	M	M											M	M		M	

Hot Deli Oct 26

Dish Name

Dish Name	Cereals containing Gluten :													Tree Nuts :												
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Half Halal Chicken Tikka & Mayo Panini 1031320 (Yield 60ptn/s)	✓	✓			M					✓														M		
Hot Wrap - Margherita 7376 (Yield 10ptn/s)	✓	✓										✓														
Korean BBQ Quorn Open Wrap 1016856 (Yield 10ptn/s)	✓	✓									✓												✓		✓	
Margherita Pizza 7572 (Yield 6ptn/s)	✓	✓	M	M	M	M	M					✓														
Margherita Pizza Homemade 7757 (Yield 8ptn/s)	✓	✓									✓	✓														
Roasted Squash & Ginger Soup 1000005 (Yield 15ptn/s)																										
Southern Style Chicken Wings 7493 (Yield 15ptn/s)	✓	✓																								
Southern Style Chicken Wings, Rice and Slaw 1021724 (Yield 15ptn/s)	✓	✓																					✓		✓	

WK2 Wednesday

Chicken Tikka & Mayo Panini 1031303 (Yield 30ptn/s)	✓	✓				M					✓																M		
Crispy Katsu Chicken Open Wrap 1016893 (Yield 10ptn/s)	✓	✓	✓	✓							✓	✓	M													M	M	✓	
Crispy Korean BBQ Chicken Burger 1017135 (Yield 20ptn/s)	✓	✓	✓	✓							M	✓	M													M	M	M	M
Garlic Bread 7142 (Yield 10ptn/s)	✓	✓				M																					M		
Halal Chicken Tikka & Mayo Panini 1031311 (Yield 30ptn/s)	✓	✓				M					✓																M		
Halal Crispy Katsu Chicken Open Wrap 1018213 (Yield 10ptn/s)	✓	✓	✓	✓							✓	✓	M													M	M		✓
Halal Crispy Korean BBQ Chicken Burger 1018228 (Yield 24ptn/s)	✓	✓	✓	✓							M	✓	M													M	M	M	M
Halal Pepperoni Panini 1024598 (Yield 30ptn/s)	✓	✓				M					M	M	✓													M	M	M	
Halal Pepperoni Pizza 7567 (Yield 6ptn/s)	✓	✓	M	M	M	M	M				M	M	✓													M	M		
Halal Pepperoni Pizza Homemade TUGO 1024592 (Yield 8ptn/s)	✓	✓									M	✓	✓													M	M		
Halal Piri Piri Chicken Pizza Slice 1000082 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓																
Half Chicken Tikka & Mayo Panini 1031317 (Yield 60ptn/s)	✓	✓				M					✓																	M	
Half Halal Chicken Tikka & Mayo Panini 1031320 (Yield 60ptn/s)	✓	✓				M					✓																	M	
Half Halal Pepperoni Panini 1024600 (Yield 60ptn/s)	✓	✓				M					M	M	✓													M	M	M	

Hot Deli Oct 26

Dish Name

<u>Cereals containing Gluten :</u>						Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	<u>Tree Nuts :</u>						Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut						

WK2 Friday

8oz Cheese Sauce Pasta Pot - Power Bites 7173 (Yield 40ptn/s)	✓	✓												M	✓													M			
Halal Philly Hot Dog 1000046 (Yield 20ptn/s)	✓	✓				M									✓	✓													M	✓	
Half Pizza Melt Panini 7707 (Yield 60ptn/s)	✓	✓				M									✓	✓													M		
Margherita Pizza 7572 (Yield 6ptn/s)	✓	✓	M	M	M	M	M								✓	✓															
Margherita Pizza Homemade 7757 (Yield 8ptn/s)	✓	✓												✓	✓	✓															
Philly Hot Dog 1000051 (Yield 20ptn/s)	✓	✓				M									✓	✓													M	✓	
Philly Hot Dog Veggie 1000039 (Yield 20ptn/s)	✓	✓				M								✓	✓	✓													M	✓	
Pizza Melt Panini 7027 (Yield 30ptn/s)	✓	✓				M									✓	✓													M		
Southern Fried Ranch Quorn Open Wrap 1016823 (Yield 10ptn/s)	✓	✓																								✓				✓	
Thai Style Butternut Squash Soup 1000006 (Yield 18ptn/s)																															
Vegan Singapore Noodles 5306 (Yield 10ptn/s)	✓	✓												✓																	

WK3 Monday

BBQ Chicken Pizza 7556 (Yield 6ptn/s)	✓	✓	M	M	M	✓	M							✓	✓											✓					
BBQ Chicken Pizza Homemade 7548 (Yield 8ptn/s)	✓	✓				✓								✓	✓	✓										✓					
BBQ Crispy Chicken Open Wrap 1000013 (Yield 10ptn/s)	✓	✓	✓	✓		✓						✓		✓	M											✓	M		M		
Cheese & Spring Onion Quesadilla 1005346 (Yield 20ptn/s)	✓	✓				✓								✓	✓	✓										✓					
Cheese Panini 7018 (Yield 30ptn/s)	✓	✓				M									✓	✓												M			
Gingerbread Popcorn 1005358 (Yield 10ptn/s)																															
Halal BBQ Chicken Pizza 7563 (Yield 6ptn/s)	✓	✓	M	M	M	✓	M							✓	✓	✓										✓					
Halal BBQ Chicken Pizza Homemade 7553 (Yield 8ptn/s)	✓	✓				✓								✓	✓	✓										✓					
Halal BBQ Crispy Chicken Open Wrap 1000014 (Yield 10ptn/s)	✓	✓	✓	✓		✓							✓	✓	M											✓	M		M		

Hot Deli Oct 26

Dish Name

Dish Name	<u>Cereals containing Gluten :</u>							Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	<u>Tree Nuts :</u>												Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut											
Halal Louisiana Chicken and Wedges 1018218 (Yield 10ptn/s)	✓	✓	✓	✓		✓					M	✓	M													✓	M		M		
Halal Piri Piri Chicken Pizza Slice 1000082 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓																		
Halal Southern Style Chicken Wings 7496 (Yield 15ptn/s)	✓	✓																													
Halal Southern Style Chicken Wings, Rice and Ranch Slaw 1021727 (Yield 15ptn/	✓	✓																									✓		✓		
Half Cheese Panini 7642 (Yield 60ptn/s)	✓	✓				M							✓															M			
Ham Cheese & Tomato Pizza 7564 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓	✓																	
Ham Cheese & Tomato Pizza Homemade 7755 (Yield 8ptn/s)	✓	✓										✓	✓																		
Hot Wrap - Margherita 7376 (Yield 10ptn/s)	✓	✓											✓																		
Korean BBQ Quorn Open Wrap 1016856 (Yield 10ptn/s)	✓	✓										✓															✓		✓		
Louisiana Chicken and Wedges 1017590 (Yield 10ptn/s)	✓	✓	✓	✓		✓					M	✓	M												✓	M		M			
Margherita Pizza 7572 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓																		
Margherita Pizza Homemade 7757 (Yield 8ptn/s)	✓	✓										✓	✓																		
Piri Piri Chicken Pizza Slice 1000080 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓																		
Roasted Tomato & Basil Soup 5199 (Yield 25ptn/s)																															
Southern Style Chicken Wings 7493 (Yield 15ptn/s)	✓	✓																													
Southern Style Chicken Wings, Rice and Slaw 1021724 (Yield 15ptn/s)	✓	✓																									✓		✓		
Vegan Singapore Noodles 5306 (Yield 10ptn/s)	✓	✓										✓																			

WK3 Tuesday

8oz Tomato & Basil Pasta - Power Bites 7532 (Yield 30ptn/s)	✓	✓									M															M			
BBQ Chicken Panini 7000 (Yield 30ptn/s)	✓	✓			✓						✓	✓												✓			M		
BBQ French Bread Pizza - Power Bites 1000009 (Yield 20ptn/s)	✓	✓			✓						✓	✓												✓			M		
Cheese Panini 7018 (Yield 30ptn/s)	✓	✓			M							✓															M		
Halal BBQ Chicken Panini 7001 (Yield 30ptn/s)	✓	✓			✓						✓	✓												✓			M		

Hot Deli Oct 26

Dish Name

Dish Name	Cereals containing Gluten :						Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts :											Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats							Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut									
Halal Half BBQ Chicken Panini 7638 (Yield 60ptn/s)	✓	✓			✓						✓	✓												✓		M			
Halal Southern Style Chicken Wings 7496 (Yield 15ptn/s)	✓	✓																											
Halal Southern Style Chicken Wings, Rice and Ranch Slaw 1021727 (Yield 15ptn/s)	✓	✓																							✓		✓		
Half BBQ Chicken Panini 7636 (Yield 60ptn/s)	✓	✓			✓						✓	✓											✓			M			
Half Cheese Panini 7642 (Yield 60ptn/s)	✓	✓			M							✓	✓													M			
Hot Wrap - Margherita 7376 (Yield 10ptn/s)	✓	✓										✓	✓																
Korean BBQ Quorn Open Wrap 1016856 (Yield 10ptn/s)	✓	✓									✓		✓												✓		✓		
Margherita Pizza 7572 (Yield 6ptn/s)	✓	✓	M	M	M	M	M					✓	✓																
Margherita Pizza Homemade 7757 (Yield 8ptn/s)	✓	✓									✓	✓																	
Parsnip & Apple Soup 1005336 (Yield 20ptn/s)																													
Southern Style Chicken Wings 7493 (Yield 15ptn/s)	✓	✓																											
Southern Style Chicken Wings, Rice and Slaw 1021724 (Yield 15ptn/s)	✓	✓																							✓		✓		
The Big Plant Burger 7628 (Yield 10ptn/s)	✓	✓			✓						✓															M			

WK3 Wednesday

Cheese & Tomato Nacho Melt 6997 (Yield 20ptn/s)	✓	✓			✓	✓						✓	M	M	M		M											M	
Chicken Tikka & Mayo Panini 1031303 (Yield 30ptn/s)	✓	✓				M				✓																		M	
Crispy Katsu Chicken Open Wrap 1016893 (Yield 10ptn/s)	✓	✓	✓	✓						✓	✓	M											M	M				✓	
Garlic Bread 7142 (Yield 10ptn/s)	✓	✓				M																					M		
Halal Chicken Tikka & Mayo Panini 1031311 (Yield 30ptn/s)	✓	✓				M				✓																	M		
Halal Crispy Katsu Chicken Open Wrap 1018213 (Yield 10ptn/s)	✓	✓	✓	✓						✓	✓	M											M	M				✓	
Halal Pepperoni Panini 1024598 (Yield 30ptn/s)	✓	✓				M				M	M	✓											M	M		M			
Halal Pepperoni Pizza 7567 (Yield 6ptn/s)	✓	✓	M	M	M	M	M			M	M	✓											M	M					
Halal Pepperoni Pizza Homemade TUGO 1024592 (Yield 8ptn/s)	✓	✓								M	✓	✓											M	M					

Hot Deli Oct 26

Dish Name

Dish Name	<u>Cereals containing Gluten :</u>							Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	<u>Tree Nuts :</u>														Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut													
Halal Piri Piri Chicken Pizza Slice 1000082 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓																				
Halal Southern Fried Chicken Burger Lettuce & Mayo 7626 (Yield 20ptn/s)	✓	✓	✓	✓							✓	M	M														M	M	M	M			
Half Chicken Tikka & Mayo Panini 1031317 (Yield 60ptn/s)	✓	✓				M					✓																		M				
Half Halal Chicken Tikka & Mayo Panini 1031320 (Yield 60ptn/s)	✓	✓				M					✓																		M				
Half Halal Pepperoni Panini 1024600 (Yield 60ptn/s)	✓	✓				M					M	M	✓													M	M	M					
Half Pepperoni Panini 1024596 (Yield 60ptn/s)	✓	✓				M							✓	✓														M					
Hot Pesto Pasta with Roasted Tomatoes 1018474 (Yield 20ptn/s)	✓	✓										M	✓	✓													M						
Margherita Pizza 7572 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓	✓																			
Margherita Pizza Homemade 7757 (Yield 8ptn/s)	✓	✓										✓	✓	✓																			
Pepperoni Panini 1024594 (Yield 30ptn/s)	✓	✓				M							✓	✓	✓														M				
Pepperoni Pizza 1024587 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓	✓	✓																		
Pepperoni Pizza Homemade 1024589 (Yield 8ptn/s)	✓	✓										✓	✓	✓																			
Piri Piri Chicken Pizza Slice 1000080 (Yield 6ptn/s)	✓	✓	M	M	M	M	M						✓	✓																			
Smokey Chilli & Tomato Soup 5201 (Yield 25ptn/s)																																	
Southern Fried Chicken Burger Lettuce & Mayo 7627 (Yield 20ptn/s)	✓	✓	✓	✓							✓	M	M														M	M	M	M			

Week 3 Thursday

8oz Sesame Vegetable Noodles - Power Bites 7177 (Yield 10ptn/s)	✓	✓										✓		M	M	M	M	M	M	M	M	M	M	M	M				✓	
BBQ Chicken Wings 7461 (Yield 15ptn/s)	✓	✓				✓						✓														✓				
BBQ Chicken Wings, Rice and Lime & Coriander Slaw 1021729 (Yield 15ptn/s)	✓	✓				✓						✓														✓				
Cheesy Garlic French Bread - Power Bites 1016623 (Yield 10ptn/s)	✓	✓				M							✓																M	
Chicken Tikka & Mayo Panini 1031303 (Yield 30ptn/s)	✓	✓				M					✓																		M	
Halal BBQ Chicken Wings 7469 (Yield 15ptn/s)	✓	✓				✓						✓														✓				
Halal BBQ Chicken Wings, Rice and Lime & Coriander Slaw 1021732 (Yield 15ptn/s)	✓	✓				✓						✓														✓				

